

Our Commitment

St. Louis Consultation Center is committed to providing competent and compassionate care to those who seek our services.

Our collaborative team of treatment professionals is dedicated to the care and well-being of clergy and consecrated religious.

We take a holistic approach to healing and promote the integration of psychological and spiritual health.

Our programs are informed by our Catholic faith and culture.

About Us

St. Louis Consultation Center is a Catholic non-profit treatment center serving clergy and consecrated religious from across North America and around the world.

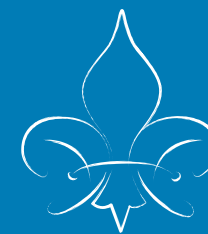
Founded in 1992 to provide cost-effective intensive outpatient treatment in a faith-filled environment, we now offer a range of programs.

A partnership with Saint Luke Institute provides expanded opportunities for professional collaboration and access for our clients to the treatment program that best meets their needs: outpatient, intensive outpatient or residential.

CONTACT US

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ST. LOUIS
Consultation Center



a community of care

Evaluation, Counseling and
Intensive Outpatient Programs for
Catholic Priests and Religious

www.stlconsult.org

Quality Care

St. Louis Consultation Center offers a range of assessment and therapy services for Catholic clergy and men and women religious, as well as assessments for those in discernment.

PROGRAMS

- Candidate assessments
- Consultation and facilitation
- Comprehensive evaluations
- Individual and group counseling
- Intensive outpatient

ISSUES WE ADDRESS

Clients come to us for assistance in treating a range of issues. These include, but are not limited to:

- Addictions and substance abuse
- Boundary problems
- Childhood and adult trauma
- Difficulties in relationships
- Grief and loss
- Mood problems - anxiety, depression and anger
- Ongoing ministerial difficulties
- Poor self-care
- Sexuality
- Vocational issues

Learn more about how we can help:

St. Louis Consultation Center
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Photo: The Old Cathedral and Gateway Arch, St. Louis, MO

Intensive Outpatient

St. Louis Consultation Center pioneered this innovative, six-month program that combines in-depth treatment with independent living.

This non-residential format is cost effective and allows clients to practice the skills they are learning in the program in their day-to-day life.

Our program begins with a comprehensive evaluation of the client's psychological, psychosocial and spiritual functioning.

The assessment process includes questionnaires, interviews, psychological testing and a feedback session.

Clients meet daily (Monday-Saturday) and participate in intensive group therapy, individual therapy, spiritual direction, spirituality group and a psychoeducational workshop each week.

Groups for addictions or sexual health also are available when indicated.

We provide regular updates, a discharge conference, re-entry facilitation and aftercare workshops.

HOUSING OPTIONS & ASSISTANCE

Our clients come from around the world. A network of local religious communities and parishes is available to provide short-term housing.

We will assist you in finding lodging in St. Louis for the length of the program.

